



## **Weather Safety Procedures for Outdoor Activities**

### **Excessive Heat/Ozone Level Procedures**

1. The Athletic Department will notify Principals who will alert all teachers/coaches when the Temperature-Humidity Index (THI) reaches 100°. At that time, all campuses will follow the following Excessive Heat Procedures for Outdoor Activities.
  - 100°-104° (THI): All outdoor activities shall be limited to 20 minutes. This will allow for a 5-10 minute water and cooling-off period.
  - 105° or above (THI): All outdoor activities shall be suspended and scheduled for an interior workout area.
  
2. The Athletic Department will notify Principals who will alert all teachers/coaches when the Ozone Warning Level reaches the color designation of Purple or Maroon. At that time, all campuses will follow the following Ozone Level Procedures for Outdoor Activities.
  - All outdoor activities shall be suspended and scheduled for an interior workout area when the Ozone level reaches the unhealthy or the hazardous range.  
 Purple: 201-300 (very unhealthy)  
 Maroon: 301-500 (hazardous)

|            |                |   |
|------------|----------------|---|
| 201 to 300 | Very Unhealthy | Ozone levels between 201 and 300 trigger a health alert, meaning everyone may experience more serious health effects.   |
| 301 to 500 | Hazardous      | Ozone values over 300 trigger health warnings of emergency conditions. The entire population is more likely to be affected. Hazardous ozone values are extremely rare in the U.S. |

### **Extreme Cold Weather Procedures**

#### **Grades 7-12**

These guidelines should be followed to determine game postponement due to cold/inclement weather. Games should be postponed if the following conditions are present:

1. Temperatures do not reach 32 degrees by 1:00 PM
2. If temperatures are forecasted to be below 32 degrees and/or wind chill below 25 degrees.
3. Temperatures below 35 degrees, with the presence of precipitation.

The National Weather service will be used ([www.weather.gov](http://www.weather.gov)) to determine temperatures, wind chills, and forecasts. All decisions regarding game postponement, due to cold weather, will be made by the Athletic Directors or designee. It is recommended that all decisions be made by 1:00pm.

#### **Grades PK-6**

The Principal or Designee will alert all teachers/coaches if the actual wild chill temperature falls below 40°. At that time, all outdoor activities shall be cancelled for that day.