

**Wellness Plan Goal Attainment
Campus Joshua High School
December 2019**

Goal 1: The Campus's food service staff, teachers, and other personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms, and other appropriate settings.

Needs Improvement A Work in Progress Meeting Expectations

Objective 1: The Campus will increase participation in federal child nutrition programs by one percent by the end of each school year.

Objective 2: Increase awareness of the school lunch program.

Evidence:

- **This is handled by food service.**

Goal 2: The Campus shall deliver nutrition education that fosters the adoption and maintenance of healthy eating behaviors.

Needs Improvement A Work in Progress Meeting Expectations

Objective 1: Healthy lifestyles shall be taught in all physical education and athletic classes.

Evidence:

- **Lesson plans, practice schedules, training from Coach Williams**

Goal 3: The Campus shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports.

Needs Improvement A Work in Progress Meeting Expectations

Objective 1: The Campus will implement clubs aimed at fostering appropriate fitness activities.

Objective 2: The Campus will make available certain play grounds and tracks for physical activity.

Evidence:

- **ROTC, Dance, Cheerleading, Theater, Band, Ag classes, students have access to the weight room**

Goal 4: The Campus shall make appropriate before-school and/or after-school physical activity programs available and shall encourage students to participate.

Needs Improvement A Work in Progress Meeting Expectations

Objective 2: The Campus will implement clubs and extracurricular programs aimed at fostering appropriate fitness activities.

Evidence:

- **Open weight room for all students, open gym at certain times during the year, summer camps**

Goal 5: The Campus shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe, and comfortable.

Needs Improvement A Work in Progress Meeting Expectations

Objective 1: All campuses will allow for at least ten minutes to eat breakfast and twenty minutes to eat lunch, from the time a student receives his or her meal and is seated.

Evidence:

- **Master schedule**

Goal 6: The Campus shall promote wellness for students and their families at suitable District and campus activities.

Needs Improvement A Work in Progress Meeting Expectations

Objective 1: Provide information on healthy living and nutrition at several district/campus functions.

Evidence:

- **Hoot Alley**